

SPA AMUSTAS

Spa Policy

- The Spa's treatment is intended for relaxation treatment and is not intended for medical treatment.
- We do not engage in any acts that are offensive to public order and morals. We will promptly report to the police if there is any forced sexually oriented behavior, sexual harassment, or body touching. In addition, we will immediately terminate the treatment if there is any inappropriate behavior or nuisance to the spa therapist. Even if the treatment is terminated, the course fee will be charged a 100%.
- Please note that we may not be able to provide services to those who have been forbidden by a doctor, have allergies, have an infectious disease, wear a pacemaker, have excessive sun exposure, have a fever over 37.5°C, have been under the influence of alcohol, have had surgery within the past year, or are pregnant.
- For safety reasons, pregnant guests must be between the 16th and 27th week of pregnancy. Only supine position facials or foot therapy are available.
- Children are not allowed in the spa.
- Please refrain from using cell phones or taking pictures in the spa facilities to avoid disturbing other guests.
- Our spa is by advance reservation only. Please reserve your preferred date, time, and course of treatment in advance at the reception or by phone.

■ Reservation change and cancellation policy

- If you are late for your reservation, we will shorten the time of your reserved course to avoid inconveniencing the next guest who has a reservation. In such cases, the full price of the reserved course will still be charged.
- Please contact us at least 24 hours prior to the scheduled start time to change or cancel your reservation.
- Cancellations made within 24 hours will be subject to a 100% cancellation fee. For hotel guests, the charge will be added to your room. For non-hotel guests, we ask for payment by bank transfer. Bank transfer fees are to be paid by the guest.

Body Treatment

The Amustas

Relaxing Body Treatment

30min ¥7,150 / 60min ¥14,300 / 90min ¥21,450

This treatment provides moderate pressure and stimulation to the muscles by firm kneading and dashing techniques using palms and forearms respectively. You can select an aroma that suits your mood and physical condition. Deep relaxation brought about by this treatment will alleviate mental stress and fatigue in your back, lower back and limbs.



Zen Therapy®

Shiatsu & Oil Treatment

90min ¥23,650

Relax your whole body with this treatment which incorporates shiatsu and oil massage techniques. Pressure from the fingers will ease your muscles, promote blood and lymph flow, stimulate the five senses and alleviate fatigue.

SHINNYO 真如

Relieve-Stress The Eye Area / Back+décolleté+head

40min ¥11,000

This treatment focuses on the eyes, shoulders and neck which are areas that easily get tired from using computer or smartphone. Revitalize both body and mind by relaxing not only the head and eyes are relaxed, the muscle tension in your back will be relieved as well.

YAKUSEKI 薬石

Hot Stone Treatment

90min ¥23,430

Experience total bliss with this treatment using heated basalt stones that promotes blood circulation and releases muscle tension. The body is warmed up all around and you will feel completely relaxed.

YUGA 瑜伽

Reflexology & Head

45min ¥9,900 / 60min ¥13,200

This treatment follows the lymph flow and improves blood circulation by stimulating the reflex points on the soles of the feet, relieves fatigue and swelling in your legs.

Facial Treatment

MUI 無為

Remove makeup, foam washing, face mask, face and décolleté massage

60min ¥14,850

This treatment gives you a bright, translucent complexion by gently stimulating the facial muscles and improving blood circulation. The muscles directly connected with skin's sagginess and face lines will be thoroughly relaxed. Your skin will feel completely rejuvenated after treatment.

MUI 無為

Aroma oil therapy for the back, Remove makeup, foam washing, face mask, face and décolleté massage.

80min ¥19,250

Prior to facial treatment, your back muscles tension will be eased, blood circulation will be improved to bring out the natural beauty of your skin. You will walk out the treatment room feeling deeply relaxed and happy with a bright, healthy complexion

Signature Package

ZEN Amustas

Footbath, Meridian treatment & stretching, head massage.

120min ¥28,930

Beginning with purification using aromatic zuko on the soles of both feet, this treatment leads you into a Zen world that Spa Amustas represents where you can enjoy tranquil time. Your body will feel thoroughly relaxed with shiatsu and oil treatment, improving the Qi energy balance flowing through the body.



ZEN Amustas

Footbath, Meridian treatment & stretching, head massage, Facial. MUI60min

180min ¥40,700

Whole body and facial treatment with deep relaxation effect. It relieves all muscle tension and the stressed mind to regain your true self.

FUGEN 不還

Body & Facial

90min ¥19,800
120min ¥27,500

The ultimate relaxation experience for both body and mind achieved by refreshing body treatment and rejuvenating facial care.

PHYTOMER

OLIGOMER® SPA

OLIGOMER Body Scrub & Oil Treatment

90min ¥29,700 / 120min ¥39,600

Our special technique with its impeccable balance of strong and soothing massage promises revitalization of your body's energies while delivering relaxation from head to toe.

[Option] BOUE MARINE AUTO-CHAUFFANTE

Self heating mud pack
(Available for all courses)

1 parts ¥3,300

Add-on Treatments

Partial body massage 15min ¥3,850

Foot 15min ¥2,750

Head 10min ¥1,650

Hot stone 10min ¥2,200

Express facial 30min ¥6,600

※Add-on treatments can only be used with other menus and is not valid to be ordered separately.
※All listed prices are inclusive of a service tax.